

# Resources for Survivors of Sexual Assault

Nevada law.¹ requires hospitals and independent centers for emergency care to provide survivors of sexual assault or attempted sexual assault with the following:

- Information about emergency contraception and prophylactic antibiotics, including possible side-effects and the location of facilities or pharmacies where those medications are available;
- Contact information for law enforcement agencies in Nevada;
- Other pertinent services including counseling, a list of clinics and other facilities that specialize in serving victims
  of sexual assault; and
- A list of locations that provide testing for sexually transmitted diseases.

The Nevada Sexual Assault Survivors' Bill of Rights<sup>2</sup> was created in 2019 to ensure that every survivor of sexual assault is supported and understands his or her rights. Visit the website of the Office of the Attorney General (<u>ag.nv.gov</u>) to view the Bill of Rights document and information about accessing a victim advocate.

#### Emergency Contraception (EC)

Ella – oral emergency contraception (available by prescription only). <a href="https://ellanow.com/">https://ellanow.com/</a>

• Possible side-effects include headache, abnormal period, dizziness, breast tenderness, vomiting, nausea, cramps, tiredness. Nausea is the most common side-effect. **Call your doctor** if you throw up within 24 hours.

Paragard IUD – intrauterine emergency contraception if inserted within 5 days of unprotected sex. https://www.paragard.com/

 Possible side-effects include heavier/longer periods, spotting between periods, increased cramping during periods. NOTE: This is considered a form of birth control but can also be used as emergency contraception if implanted within 5 days of unprotected sex.

Plan B – over the counter/non-prescription oral emergency contraception. <a href="https://www.planbonestep.com/">https://www.planbonestep.com/</a>

• Possible side-effects include headache, abnormal period, dizziness, breast tenderness, vomiting, nausea, cramps, tiredness. Nausea is the most common side-effect. **Call your doctor** if you throw up within 24 hours.

### Prophylactic Antiretrovirals and Antibiotics

Azithromycin (Zithromax, or Z-Pak) – to treat Chlamydia and part of the treatment for Gonorrhea.

Possible side-effects: upset stomach, diarrhea, vomiting, stomach pain, mild skin rash. Go to the emergency room or call 9-1-1 if you experience severe skin rash, hives or itching; difficulty breathing or swallowing; swelling of the face, hands, feet, ankles or lower legs; hoarseness; yellowing of the skin or eyes; or rapid pounding or irregular heartbeat. Do not drink alcohol during treatment and for 24 hours after completing treatment. Do not have sexual contact with another person for 7 days, with or without a condom.

Bicillin L-A – injection medication used to treat Syphilis.

• Possible side-effects: fever, chills, body aches, nausea, vomiting, swelling of the lymph nodes, mild skin rash or flushing sensations. These symptoms usually begin within 4 hours after the injection and may last up to 8 hours;

<sup>&</sup>lt;sup>1</sup> Nevada Revised Statutes Chapter 449.1885

<sup>&</sup>lt;sup>2</sup> http://ag.nv.gov/uploadedFiles/agnvgov/Content/Issues/2020-02-21 SA%20BILL%20OF%20RIGHTS.pdf



symptoms usually disappear within 24 hours. **Do not drink alcohol during treatment and for 7 days after** treatment completion.

Ceftriaxone (brand name: Rocephin) – injection antibiotic used to treat many kinds of bacterial infections, including Gonorrhea.

Possible side-effects: fever, chills, body aches, nausea, vomiting, swelling of the lymph nodes, mild skin rash, flushing sensations. Do not have sexual contact with another person for 7 days with or without a condom after last injection. Do not drink alcohol during treatment and for 24 hours after completing treatment.

Dolutegravir (brand name: Tivicay) – oral medication used in conjunction with other HIV medications (e.g., Truvada) to help control infection by decreasing the amount of the virus in the body so the immune system can work better. Lowers your chance of getting HIV complications (such as new infections, cancer) and improves quality of life.

• Possible side-effects: headache and trouble sleeping.

Doxycycline – oral medication used to treat Syphilis and Chlamydia.

Possible side-effects: Upset stomach, diarrhea, vomiting, stomach pain, mild skin rash (tell your doctor if any of these symptoms are severe or do not go away). Makes your skin sensitive to the sun; avoid exposure to the sun if possible, cover your skin with a hat, long-sleeved shirt, etc. Do not drink alcohol during treatment and for 7 days after completion. Doxycycline works best if you avoid taking antacids, such as Tums or Rolaids, as well as bismuth, calcium, iron supplements and multivitamins. Do not have sexual contact with another person with or without a condom during treatment. Do not take if you are pregnant.

Metronidazole ("Flagyl") – oral antibiotic used to treat a variety of infections, including Bacterial Vaginosis or Trichomoniasis)

• Possible side-effects: upset stomach, diarrhea, vomiting, stomach pain, mild skin rash, possible metallic taste in the mouth and dark or red/brown urine. Do not have sexual contact with another person with or without a condom for 7 days after last injection. Do not drink alcohol for 7 days before or after taking this medication.

Post-Exposure Prophylaxis (PEP) for HIV – short course of medication that must be taken within 72 hours after suspected HIV exposure.

Possible side-effects: nausea. Side-effects can be treated and aren't life-threatening.

Truvada – oral medication used in conjunction with other HIV medications (e.g., Tivicay) to help control infection by decreasing the amount of the virus in the body so the immune system can work better.

• Possible side-effects: Diarrhea, headache, dizziness, trouble sleeping, back pain, or change in the color of skin on the palms or soles of the feet.

### Victim Services/Mental Health Counseling

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Sexual Assault Response	
Advocates	775-883-7654
Text	20121
State of Nevada Victims of	
Crime Program	775-687-8428
University of	
Nevada, Reno775-78	4-6828 (option 1)
Victim Witness Assistance	
Center (VWAC)	775-328-3210
Victims of Crime Treatment Ce	nter
at UNR	775-682-8684



Southern Nevada	I.C.A.N. Family Resources
Community Counseling	(Pahrump)702-913-5214
Center(702) 369-8700	Nevada Children's Center – Behavioral &
Gay and Lesbian Center of	Mental Health (Pahrump)775-727-4300
Southern Nevada(702) 733-9800	Rural Services Community Mental Health
Rape Crisis Center(702) 385-2153	(Tonopah)775-482-6742
UNLV Center for Individual, Couple,	Eureka and White Pine Counties
and Family Counseling(702) 895-3106	Ely Counseling and Supportive
UNLV Student Counseling and	Services775-289-1671
Psychological Services (702) 895-3627	Humboldt County
Rural Nevada	Winnemucca Batterer's
Churchill County	Intervention Program775-625-4387
Domestic Violence Intervention	Winnemucca Domestic Violence
(Fallon)775-423-1313	Services – WDVS775-625-1313
Fallon Mental Health Center 775-423-7141	<b>Rural Counseling and Supportive Services</b>
Carson City	of Winnemucca775-623-6580
Carson Mental Health Center –	Lander County
Rural Services Community	Committee Against Domestic
Mental Health775-687-0870	Violence (Battle Mountain)775-635-2500
Sierra Counseling and	Lincoln County
Neurotherapy775-885-7717	Caliente Behavioral
Douglas County	Health Center775-726-3368
Advocates to End Domestic	Lyon and Storey Counties
Violence775-883-7654	ALIVE - Alternative to Living in Violent
Domestic Violence Victim Assistance Project –	Environments (Yerington)775-463-5843
Volunteer Attorneys for Rural Nevadans	Rural Nevada Counseling
(Carson City)775 883-8278	(Yerington)775-463-6597
Douglas County Court Appointed Special Advocates	Rural Services Community Mental Health
(CASA)775-782-6247	(Dayton)775-461-3769
Douglas Mental Health Clinic	Rural Services Community Mental Health
(Gardnerville)775-782-3671	(Fernley)775-575-7744
Elko County	Rural Services Community Mental Health
Committee Against Domestic Violence (CADV)	(Silver Springs)775-577-0319
Harbor House775-738-6524	Rural Services Community Mental Health
Northeastern Nevada Court Appointed	(Yerington)775-463-3191
Special Advocates (CASA)775-934-7636	Mineral County
Nevada Check Up775-753-1233	Consolidated Agencies of Human Services
Elko Counseling and	(Yerington)775-945-2471
Supportive Services775-738-8021	Hawthorne Mental
Esmeralda and Nye Counties	Health Center775-945-3387
ABC Therapy (Pahrump)775-727-9749	Pershing County
No to Abuse (Pahrump) 775-751-1118	Pershing County Domestic
No to Abuse (Tonopah)775-482-3016	Violence Intervention775-273-7373
Pahrump Behavioral Health	Rural Services Community Mental Health
Center (Pahrump)775-751-7406	(Lovelock)775-273-1036
Eagle Quest (Pahrump)775-751-6444	
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Law Enforcement	Humboldt County Sheriff's Office775-623-6429
Northern Nevada	Lander County
Reno Police Department	Sheriff's Office775-635-1100
Non-emergency dispatch 775-334-2121	Lyon County Sheriff's Office775-463-6600
Victim advocate	Fernley substation775-575-3350
	Dayton substation
Sparks Police Department	Silver Springs substation775-577-5020
Non-emergency dispatch775-353-2231	Mesquite Police Department 702-346-6911
Victim advocate	·
Washoe County Sheriff's Office	Mineral County
Non-emergency dispatch 775-785-9276	Sheriff's Office775-945-2434
Victim advocate775-325-6454	Nye County Sheriff's Office
University of Nevada, Reno (UNR) Police Department	North Area775-482-8101
Non-emergency	Central area775-553-2345
dispatch775-334-COPS (2677)	South area775-751-7000
Victim advocate services 775-560-0729	Pershing County
Reno-Sparks Indian Colony	Sheriff's Office775-273-2641
Tribal Police775-785-9163	Storey County
Southern Nevada	Sheriff's Office775-847-0959
Las Vegas Metro	White Pine Sheriff's
Southeast Area Command (702) 828-3206	Department775-289-8808
Convention Center	If you have filed a police report, the Nevada Victims of
Area Command(702) 828-3426	Crime may be able to reimburse you for certain costs.
Northwest Area Command (702) 828-3426	·
South Central	For more information, visit <u>voc.nv.gov</u> .
	Testing Clinics and Pharmacies
Area Command(702) 828-8272	resting sinnes and rinarmasies
Spring Valley Command (702) 828-2640	Northern Nevada
Summerland	Community Health Alliance775-329-6300
Area Command(702) 828-9400	Incline Village Health Clinic775-831-6200
Henderson Police Department. (702) 267-5000	Nevada Urban Indians775-788-7600
University Police Services	Northern Nevada HOPES/
Southern Command(702) 895-3011	Change Point775-786-4673
North Las Vegas	Planned Parenthood
Police Department(702) 633-9111	Mar Monte775-688-5555
Rural Nevada	Reno/Sparks Indian Tribal Health
Churchill County	Center for Native Americans775-329-5162
Sheriff's Office 775-423-3116	Renown775-982-4100
Douglas County Sheriff775-782-5126	Health Care Center (must meet income guidelines)
Lake Tahoe775-586-7250	Behavioral Health
Elko County Sheriff's Office 775-777-7300	Emergency department
Esmeralda County	Children's Hospital
Sheriff's Office	South Meadows Medical Center
Eureka County	Urgent care centers
Sheriff's Office775-237-5330	2.02.0000
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St. Mary's Health Network				
Student Health Center 775-784-6598				
University of Nevada Reno Family Medicine				
& Student Outreach Clinic				
(limited hours of operation) 775-682-8200				
Veterans Administration (VA) Medical				
Center 775-786-7200 or 888-838-6256				
Washoe County Child				
Advocacy Center 775-284-2750				
Washoe County				
Health District775-328-2470				
Southern Nevada				
Southern Nevada				
Southern Nevada All in One Pharmacy(702) 697-6501				
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## **Rural Nevada**

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Banner Churchill Community Hospital
(Churchill Co.)775-423-3151
Battle Mountain General Hospital
(Lander Co.)775-635-2550
Boulder City Hospital
(Clark Co.)702-293-4111
Carson Valley Medical Center
(Douglas Co.)775-782-1500
Desert View Hospital
(Nye Co.)775-751-7500
Grover C. Dils Medical Center
(Lincoln Co.)775-726-3171
Humboldt General Hospital
(Humboldt Co.)775-623-5222
Incline Village Community Hospital
(Washoe Co.)775-833-4100
Mt. Grant General Hospital
(Mineral Co.)775-945-2461
Pershing General Hospital
(Pershing Co.)775-273-2621
South Lyon Medical Center
(Lyon Co.)775-463-2301
Willian Bee Ririe Hospital
(White Pine Co.)775-289-3001

<sup>\*</sup>Contact your health insurance or medical provider for other options in your area.